

# FAQ: OSTEOPROTECT

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Q: What is the main purpose of OsteoProtect?

A: To promote healthy bone mineral levels, supporting good bone health in both men and women in every stage of life.

Q: How much does OsteoProtect cost at retail and wholesale?

A: \$42.00 at retail, \$34.99 at wholesale

Q: What is the PV of OsteoProtect?

A: 25 PV

Q: How do you recommend using OsteoProtect?

A: We recommend using OsteoProtect once daily, first thing in the morning.

Q: Is there soy in OsteoProtect?

A: No, there is no soy in OsteoProtect.

Q: What makes OsteoProtect different from other bone-health products?

A: Unlike most other products, OsteoProtect contains strictly marine calcium and magnesium, plus a vegetarian capsule. OsteoProtect is a 100% natural product.

Q: I have issues with lactose and dairy, can I still use Osteo?

A: Yes you can! Because Osteo's calcium comes from calcified marine sources, it contains no lactose or dairy.

Q: Should I eat food before taking Osteo?

A: No, we recommend taking Osteo first thing in the morning.

Q: What are the top bone-health ingredients in Osteo?

A: Osteo features calcium and magnesium, both essential bone minerals, plus vitamin D, which increases the body's ability to efficiently absorb calcium.

Q: Should this product be taken around exercise?

A: While not essential, it can be used around daily exercise to slow bone density loss typically associated with exercise.

Q: What other products can Osteo be taken with?

A: Osteo can be taken with all Xyngular products.

Q: Where is Osteo made?

A: Osteo is made in the United States.

Q: Does Flex contain fish or shellfish?

A: No, though it is sourced from marine algae.

Q: Does Osteo contain nuts?

A: No nuts are included in Osteo's formula.

Q: Does Osteo contain caffeine or other stimulants?

A: Osteo contains no stimulants.

Q: How much Osteo should you take in a day, and when?

A: We recommend taking one serving daily, ideally in the morning on an empty stomach.

Q: Can you use Osteo if you are pregnant or nursing?

A: Yes, but we recommend consulting with your doctor.