

FAQ: FLEX

Q: What is the main purpose of Flex?

A: To promote joint health, and healthy joint function.

Q: How much does Flex cost at retail and wholesale?

A: \$36.00 at retail, \$29.99 at wholesale.

Q: What is the PV of Flex?

A: 20PV

Q: How do you recommend using Flex?

A: Flex should be used once daily, for daily joint health support.

Q: Is there soy in Flex?

A: No, there is no soy in Flex.

Q: What makes Flex different from other joint-health products?

A: While most joint health supplements contain only one ingredient, Flex includes a clinically-studied dose of glucosamine, plus hyaluronic acid and boswellia serrata to promote healthy joints.

Q: Should I eat food before taking Flex?

A: No, you can take Flex on an empty stomach.

Q: What are the top joint-health ingredients in Flex?

A: We've included a clinically-studied dose of glucosamine, which supports the health of your joints. Flex also contains boswellia serrata, an herb used for centuries in Ayurvedic medicine, and has recently been shown to support reduced exercise-associated inflammation.

Q: Should this product be taken around exercise?

A: Yes, active individuals may wish to take Flex post-exercise to aid in joint health and supporting reduced joint inflammation associated with exercise.

Q: What other products can Flex be taken with?

A: Flex can be taken with all Xyngular products.

Q: Where is Flex made?

A: Flex is made in the United States.

Q: Does Flex contain fish or shellfish?

A: Yes, Flex contains shellfish.

Q: What kind of capsules does Flex use?

A: Flex uses vegetarian capsules.

Q: Does Flex contain nuts?

A: No nuts are included in Flex's formula.

Q: Does Flex contain caffeine or other stimulants?

A: Flex contains no stimulant ingredients.

Q: How much Flex should you take in a day, and when?

A: We recommend one serving per day and can be taken any time of day. Active individuals may wish to use Flex after exercise to support exercise-related joint inflammation.

Q: Can you use Flex if you are pregnant or nursing?

A: No, we recommend consulting with your doctor.