

FAQ: CARDIO

Q: What is the main purpose of Cardio?

A: To support healthy cardiovascular function and circulation

Q: How much does Advanced Omega cost at retail and wholesale?

A: \$72.00 at retail, \$59.99 at wholesale

Q: What is the PV of Advanced Omega?

A: 40 PV

Q: How do you recommend using Cardio?

A: We recommend using Cardio first thing in the morning, or before exercise.

Q: Is there soy in Cardio?

A: No, Cardio contains no soy products.

Q: What makes Cardio different from other heart-health products?

A: Cardio contains the three most commonly recommended heart-health supplements, all in one easy-to-use product.

Q: Should I eat food before taking Cardio?

A: No, we recommend taking Cardio first thing in the morning, or before your exercise for the day.

Q: What are the top 3 ingredients geared towards heart-health in Cardio?

A: The top three heart-health ingredients in Cardio are niacin, a B vitamin shown to help support healthy cholesterol levels, citrulline malate, an amino acid that supports improved circulation throughout the body, and CoQ10, an antioxidant-rich co-enzyme that helps energize your cells.

Q: How does Cardio improve circulation?

A: Cardio assists in natural vasodilation, or opening up your body's blood vessels, with antioxidant-rich grape seed, citrulline, and hesperidia.

Q: Should this product be taken before or after exercise?

A: While not necessary, Cardio can be used before exercise to help support cardiovascular performance.

Q: What other products can Cardio be taken with?

A: Cardio can be taken with all Xyngular products.

Q: Where is Cardio made?

A: Cardio is made in the United States.

Q: Does Cardio contain fish or shellfish?

A: No, Cardio contains no fish or shellfish products.

Q: Where does the orange flavor come from?

A: Cardio uses natural flavors and sweeteners to create the orange flavor of the mix.

Q: Does Cardio contain nuts?

A: No, no nuts are included in Cardio's formula.

Q: Does Cardio contain caffeine or other stimulants?

A: Cardio contains no stimulant ingredients.

Q: How much Cardio should you take in a day, and when?

A: We recommend 1 serving per day, either first thing in the morning or before exercise for your best results.

Q: How much water/liquid should you mix Cardio with?

A: We recommend using 6-8oz of liquid for best results.

Q: Can you use Cardio if you are pregnant or nursing?

A: No, we recommend consulting with your doctor